

GILLIAM DANCE PROJECT'S



KIDS

SUMMER

EVENING CLASSES & WORKSHOPS

***CLASSES FOR
AGES 3-12 YEARS
*ADULT CLASSES
*WORKSHOPS FOR
EXPERIENCED
DANCERS**

***\$12.50 PER
45 MIN CLASS
* \$16.50 PER 60 MIN
CLASS OR WORKSHOP**

**ENROLL ONLINE
STARTING APRIL 1ST**

- CLASSES AND WORKSHOPS ARE OPEN TO ALL STUDENTS
- 45 MIN CLASSES ARE \$12.50 PER CLASS
- 60 MIN CLASSES OR WORKSHOPS ARE \$16.50 PER CLASS OR WORKSHOP
- GDP FOLLOWS A “DROP IN” STYLE FORMAT WHICH ALLOWS FREEDOM TO TAILOR SCHEDULE BASED ON AVAILABILITY
- GDP UTILIZES AN EPAYMENT PROCESS; PAYMENT FOR ALL REGISTERED CLASSES AND/OR WORKSHOPS FOR SELECT SUMMER WEEKS WILL BE PROCESSED ON THE DAYS INDICATED BELOW
- THERE WILL BE NO REFUND FOR MISSED CLASSES AND/OR WORKSHOPS

SUMMER CALENDAR

	<i>Dates</i>	<i>Offering</i>	<i>ePayment Date</i>
WEEK 1	June 16 - 19	CAMP ONLY	June 9th
WEEK 2	June 23 - 26	CAMP, CLASSES & WORKSHOPS	
WEEK 3	June 30 - July 3	CAMP, CLASSES & WORKSHOPS	
WEEK 4	July 14 - 17	CAMP, CLASSES & WORKSHOPS	July 1st
WEEK 5	July 21 - 24	CAMP, CLASSES & WORKSHOPS	
WEEK 6	July 28 - 31	CAMP, CLASSES & WORKSHOPS	
WEEK 7	August 4 - 8	CAMP, CLASSES & WORKSHOPS	August 1st
WEEK 8	August 11 - 14	CAMP, CLASSES & WORKSHOPS	

PLEASE NOTE THAT WE ARE CLOSED THE WEEK OF JULY 7-11

SUMMER CLASSES

- DESIGNED FOR NEW DANCERS OR CURRENT DANCERS INTERESTED IN TRYING A NEW STYLE OR DANCE OR PREPARING TO MOVE UP A LEVEL IN DANCE
- LEVELS:
 - INTRO TO DANCE - AGES 3-4 YEARS OLD
 - INTRO TO DANCE II - AGES 4-5 YEARS OLD
 - BEGINNER - 6-10 YEARS OLD
 - INTERMEDIATE - 8-12 YEARS OLD
 - ADULT - 18 YEARS AND UP

SUMMER WORKSHOPS

- DESIGNED FOR EXPERIENCED DANCERS OR DANCERS LOOKING TO FINE TUNE SKILLS
- FOCUSED ON SPECIFIC TECHNIQUE PER SESSIONS
- LEVELS:
 - PETITE - 6-8 YEARS OLD
 - JUNIOR - 9-11 YEARS OLD
 - TEEN - 12 YEARS AND UP

CLASS DESCRIPTIONS

- INTRO TO DANCE - BALLET INTRODUCTION WITH FOCUS ON GROSS MOTOR SKILLS
- BEGINNER BALLET/LYRICAL - WARM UP WITH BALLET FUNDAMENTALS WHILE INCORPORATING LESS RIGID MOVEMENTS OF LYRICAL DANCING; DANCERS WILL ALSO LEARN BASIC LYRICAL FLOOR WORK
- BEGINNER JAZZ- INTRODUCTION OF JAZZ BASICS AND FUNDAMENTALS
- BEGINNER HIP HOP - INTRODUCTION OF BASIC HIP HOP MOVEMENTS WITH BOUNCE AND LEVELS AND ATTENTION TO RHYTHM AND BEAT
- INTERMEDIATE BALLET/LYRICAL - BEGINNER BALLET CURRICULUM WITH INCREASED COMPLEXITY IN MOVEMENTS
- INTERMEDIATE JAZZ - BEGINNER JAZZ CURRICULUM WITH INCREASED COMPLEXITY IN MOVEMENTS
- INTERMEDIATE HIP HOP - BEGINNER HIP HOP CURRICULUM WITH INCREASED SPEED AND COMPLEXITY
- ADULT HIP HOP & BALLET - EXPERIENCE DOES NOT MATTER!

WORKSHOP DESCRIPTIONS

- FLEXIBILITY - STRETCHES FOCUSED ON IMPROVING LEG AND BACK FLEXIBILITY
- STRENGTHENING & CONDITIONING - EXERCISES AND COMBINATIONS AIMED AT IMPROVING BALANCE AND CORE STRENGTH
- YOGA - STRETCHING THROUGH YOGA EXERCISES
- JUMPS & LEAPS - LEARNING MORE ADVANCED JUMPS & LEAPS AND IMPROVING TECHNIQUE
- TURNS- FOCUSED SESSION ON TURN TECHNIQUE, TURN PROGRESSION AND COMPLEXITY
- LINES & EXTENSIONS - BUILDING ON FLEXIBILITY WITH ADDITIONAL WORK ON EXTENSIONS
- DANCE TRICKS - FOCUSED SESSION ON JAZZ, LYRICAL AND CONTEMPORARY FLOOR WORK TRICKS
- CONTEMPORARY - EXPLORING MORE EMOTIONAL DANCING; CREATING A CONNECTION BEYOND DANCE STEP EXECUTION
- HIP HOP - TRAINING SESSIONS AIMED AT IMPROVING THE ABILITY OF PICKING UP CHOREOGRAPHY
- BALLET - CONTINUED REFINEMENT OF BALLET TECHNIQUE
- PRE-POINTE - EXERCISES AIMED AT IMPROVING FOOT & ANKLE STRENGTH AND FLEXIBILITY (POINTE STUDENTS MAY TAKE CLASS IN POINTE SHOES)

CLASS SCHEDULE

WEEK 2 (JUNE 23 - JUNE 26)

	<i>Monday</i>		<i>Tuesday</i>		<i>Wednesday</i>		<i>Thursday</i>	
	Studio M	Studio L	Studio M	Studio L	Studio M	Studio L	Studio M	Studio L
5:30 PM								
5:45 PM				Beg Ballet/Lyrical				
6:00 PM	Petite Turns	Intro to Dance				Intermediate Ballet/Lyrical	Strengthening & Conditioning - All Ages	Intro to Dance
6:15 PM								
6:30 PM				Beg Jazz				
6:45 PM								
7:00 PM	Flexibility All Ages	Intro to Dance II				Intermediate Jazz		Intro to Dance II
7:15 PM								
7:30 PM				Beg Hip Hop				
7:45 PM								
8:00 PM	Junior Jumps & Leaps		Adult Hip Hop		Teen Ballet	Intermediate Hip Hop		Adult Ballet
8:15 PM								
8:30 PM								
8:45 PM								
9:00 PM								

CLASSES ARE IN BLUE, WORKSHOPS ARE IN GREEN
PLEASE NOTE THERE ARE NO CLASSES OR WORKSHOPS DURING
SUMMER 1 WEEK

WHEN REGISTERING, INTRO TO DANCE CLASSES WILL REFLECT THE
SUMMER WEEK & DAY OF THE WEEK IN IT'S TITLE. ALL OTHER
CLASSES WILL REFLECT SUMMER WEEK.

FOR EXAMPLE:

1. INTRO TO DANCE M2 INDICATES THE INTRO TO DANCE CLASS HELD ON MONDAY DURING SUMMER WEEK 2
2. INTRO TO DANCE II TH2 INDICATES THE INTRO TO DANCE II CLASS HELD ON THURSDAY DURING SUMMER WEEK 2

CLASS SCHEDULE

WEEK 3 (JUNE 30 - JULY 3)

	<i>Monday</i>		<i>Tuesday</i>		<i>Wednesday</i>		<i>Thursday</i>	
	Studio M	Studio L	Studio M	Studio L	Studio M	Studio L	Studio M	Studio L
5:30 PM								
5:45 PM				Beg Ballet/Lyrical				
6:00 PM	Junior Turns	Intro to Dance				Intermediate Ballet/Lyrical	Yoga & Stretching - All Ages	Intro to Dance
6:15 PM								
6:30 PM				Beg Jazz				
6:45 PM								
7:00 PM		Intro to Dance II		Beg Hip Hop		Intermediate Jazz		Intro to Dance II
7:15 PM								
7:30 PM								
7:45 PM								
8:00 PM			Adult Hip Hop		Teen Ballet	Intermediate Hip Hop		Adult Ballet
8:15 PM								
8:30 PM								
8:45 PM								
9:00 PM								

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WEEK 4 (JULY 14 - JULY 17)

WEEK 6 (JULY 28 - JULY 31)

WEEK 8 (AUGUST 11 - 14)

	<i>Monday</i>		<i>Tuesday</i>		<i>Wednesday</i>		<i>Thursday</i>	
	Studio M	Studio L	Studio M	Studio L	Studio M	Studio L	Studio M	Studio L
5:30 PM								
5:45 PM				Beg Ballet/Lyrical				
6:00 PM	Petite Ballet/Lyrical	Intro to Dance	Flexibility - All Ages		Junior Hip Hop	Intermediate Ballet/Lyrical	Junior & Teen - Pre Pointe	Intro to Dance
6:15 PM								
6:30 PM				Beg Jazz				
6:45 PM	Petite Jazz	Intro to Dance II	Teen Contemporary		Stengthening & Conditioning - All Ages	Intermediate Jazz	Junior & Teen Ballet	Intro to Dance II
7:00 PM								
7:15 PM				Beg Hip Hop				
7:30 PM								
7:45 PM	Petite Hip Hop		Adult Hip Hop		Teen Hip Hop			
8:00 PM								
8:15 PM						Intermediate Hip Hop		Adult Ballet
8:30 PM								
8:45 PM								
9:00 PM								

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WEEK 5 (JULY 21 - JULY 24)
 WEEK 7 (AUGUST 4 - AUGUST 7)

	<i>Monday</i>		<i>Tuesday</i>		<i>Wednesday</i>		<i>Thursday</i>	
	Studio M	Studio L	Studio M	Studio L	Studio M	Studio L	Studio M	Studio L
5:30 PM								
5:45 PM				Beg Ballet/Lyrical				
6:00 PM								
6:15 PM	Junior Contemporary	Intro to Dance	Teen Turns		Petite Turns	Intermediate Ballet/Lyrical	Flexibility - All Ages	Intro to Dance
6:30 PM				Beg Jazz				
6:45 PM								
7:00 PM		Intro to Dance II	Teen Jumps & Leaps		Petite & Junior Dance Tricks	Intermediate Jazz	Lines & Extensions - All Ages	Intro to Dance II
7:15 PM	Junior Jazz			Beg Hip Hop				
7:30 PM								
7:45 PM								
8:00 PM			Adult Hip Hop		Junior Turns	Intermediate Hip Hop		Adult Ballet
8:15 PM	Junior Jumps & Leaps							
8:30 PM								
8:45 PM								
9:00 PM								

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