

2023 Spring Workshop - Class Descriptions

For all spring workshops, dancers should wear comfortable clothing. Dance attire and shoes are not required. Please no jeans or leggings with zippers and/or studs. Hip hop dancers need a pair of shoes with a clean sole. All hair should be pulled back away from the face.

We reserve the right to cancel classes due to low enrollment. Should that happen, refunds will be offered.

Intro to Ballet – For our youngest dancers interested in ballet – designed for ages 3-5 years old.

(45 mins, \$10 per class)

Offered Monday 3/13 & 3/27 – 5:15-6:00pm & Thursday 3/23 – 4:45-5:30pm

Intro to Hip Hop – For our youngest dancers interested in hip hop –ages 4-6 years old.

(45 mins, \$10 per class)

Offered Friday 3/10, Tuesday 3/14, Friday 3/24 & Tuesday 3/28 - 4:45-5:30pm

Beginner Ballet – Ballet class designed for beginner students ages 6-12 years old.

(45 mins, \$10 per class)

Offered Monday 3/6 & 3/20 – 5:15-6:00pm & Thursday 3/16 – 4:45-5:30pm

Beginner Jazz – Jazz class designed for beginner students ages 6-12 years old. Ideal for current ballet or hip hop students wishing to try a different style of dance.

(45 mins, \$10 per class)

Offered Thursday 3/9, Tuesday 3/21 & Thursday 3/30– 4:45-5:30pm

Beginner Hip Hop– Geared towards beginner level dancers interested in hip hop. Ideal for beginner dancers interested in another style of dance.

(45 mins, \$10 per class)

Offered Tuesday 3/7, Friday 3/17 and Friday 3/31– 4:45-5:30pm

Strengthening– Ideal for intermediate to advanced dancers interested in learning how to become stronger. Ages 10 and up.

(60 mins, \$12 per class)

Offered Saturday 3/18 – 12:45-1:45pm

Flexibility– Ideal for intermediate to advanced dancers interested in learning how to become more flexible. Ages 10 and up.

(60 mins, \$12 per class)

Offered Saturday 4/1 – 12:45-1:45pm